

## Intuitive Leadership Conference

### Session One: A World in Flux: Location, Navigation, and the Dynamics of Being "Lost"

when we experience stress in our environments, our brain's ability to map and re-map is diminished (the hippocampus)

when we experience disorientation, the amygdala produces adrenaline and takes over, producing more emotion

to be **bewildered** is to be taken from an environment of safety into a place that is wild & unknown (a "wilder" is someone who took other people into the "wild" to leave them there)

not only do we lead churches in bewildering times...but the God that is revealed in the Bible is a bewildering -- who leads people from safety to wilderness.

1 Samuel 4:1-11

notice the different reactions to the circumstances from the Israelites & Philistines

v. 3 -- notice that the elders ask a great question...then don't ever wrestle with answer...they just jump to a solution -- they make an adrenaline decision

God is willing to allow his name to be besmirched, in order that Israel will learn will learn to wrestle with their present reality.

**sometimes, God's work in the past becomes a stumbling block to God's activity in the present.**

the Philistines seem to "get it" -- they evaluate their circumstance and act accordingly. "we've never been here before" -- unlike the Israelites, they aren't just assuming that what always was will always be

being lost is not a location...it's an orientation.

stages of "lostness" (Laurence Gonzales - *Deep Survival*)

1. Deny growing feeling of disorientation
2. Realization: "I am Lost" (hippocampus shuts down, amygdala takes over -- you are drunk on adrenaline)
3. We expend energy & emotion trying to develop a strategy to find someplace matching your map. (in wilderness survival what usually happens here is that one gets worn out & hurt)
4. You deteriorate rationally & emotionally
5. resignation leading to.... (you get resigned to your plight, and you die... or you don't, you give up on being rescued and you become an adventurer and chart new paths)

**In order to survive...you have to find yourself!**

**If you know how to map yourself...it doesn't matter where you are.**

**We don't have to try to be different, you just have to become more like ourselves.**

**"When the forms of an old culture are dying, the new culture is created by a few people who are not afraid to be insecure" -- Rudolf Bahro**